

Self Assessment of Professional Skills

Please indicate how you would assess your skill level for each professional skill using the descriptors below:

Beginning: I recognize this is an area I would like to develop and have started to identify opportunities to develop skills related to this competency.

Developing: I am practicing the skills related to this competency in different areas of my life: at work, in the classroom, and in my daily life.

Accomplished: I am able to apply the skills related to this competency in the different areas of my life.

Exemplary: I am able to confidently and consistently apply the skills related to this competency in all aspects of my life.

Not applicable: I haven't yet had an opportunity to work on this skill.

Competency	Beginning	Developing	Accomplished	Exemplary	Not Applicable	Notes
Initiative						
Responsibility						
Leadership						
Teamwork						
Conflict Management						
Written Communication						
Oral Communication						
Decision Making						
Problem Solving						
Critical Thinking						